igust 2023

Pacific Heritage

TUESDAY

WEDNESDAY

2

16

THURSDAY

FRIDAY

NO SCHOOL

NO SCHOOL

BREAKFAST SMOOTHIE HAM & CHEESE SANDWICH CHIPS DAILY FRUIT & VEGGIE BAR

BREAKFAST PIZZA TURKEY & CHEESE **POCKET** MARINERA SAUCE **DAILY FRUIT & VEGGIE BAR**

BREAKFAST PIZZA

PB& J SANDWICH

BABY CARROTS

GRANOLA BAR

FRUIT

REMEMBER**** **SEVERAL ITEMS CAN CHANGE DUE** TO ABILITY.

*FRESH FRUITS

OFFERED: APPLES,

BANANAS, ORANGES,

PEARS, GRAPES,

WATERMELON AND

MORE.

THIS INSTITUTION IS AN **EQUAL OPPORTUNITY PROVIDER**

ALL MEALS INCLUDE MILK (WHITE OR **CHOCOLATE) EXTRA** MILK: \$.25 During BREAKFAST, cereal and muffins are offered as daily alternatives to the breakfast entrée. Milk and fruit are offered daily at breakfast time.

YOGURT PARFAIT **QUESADILLAS CORN DAILY FRUIT & VEGGIE BAR**

PANCAKE ON

STICK

CHICKEN

DAILY FRUIT &

BREAKFAST **BURRITO** SOFT BEEF TACO **BLACK BEANS DAILY FRUIT & VEGGIE BAR**

BERRIES & CREAM

TWIN

CHILI FRIES

BREADSTICK

DAILY FRUIT &

VEGGIE BAR

BANANA BREAD HAMBURGUER CRINKLE FRIES **DAILY FRUIT & VEGGIE BAR**

BLUEBERRY

MUFFIN

PULLED PORK BBQ

SANDWICH

DAILY FRUIT &

VEGGIE BAR

CEREAL BAR **CORN DOG VEGGIE BAR**

10 **GRANOLA BAR DAILY FRUIT &**

17 **POP TART** POP CORN **CHICKEN BOWL MASHED** POTATOES DAILY

BREAKFAST PIZZA FISH NUGGETS **DINNER ROLL DAILY FRUIT & VEGGIE BAR**

25

VEGGIE BAR N 1/2 21

14

28

UBR COOKIE CHEESEBURGUER FRIES **DAILY FRUIT & VEGGIE BAR**

FRENCH TOAST

STICKS

CHICKEN NUGGETS

DINNER ROLL

MASHED POTATOES

DAILY FRUIT &

VEGGIE BAR

PANCAKES NACHOS W/ BEAN DIP CORN DAILY FRUIT & **VEGGIE BAR**

23 **BREAKFAST SMOOTIE ORANGE CHICKEN** RICE FORTUNE COOKIE **DAILY FRUIT &**

MINI FRENCH **TOAST CRISPITOS** RICE **DAILY FRUIT & VEGGIE BAR**

FRUIT & VEGGIE

24 BREAKFAST PIZZA **GRILLED CHEESE SANDWICH PRETZELS DAILY FRUIT & VEGGIE BAR**

UBR COOKIE CINNAMON ROLL **CRUNCHY TACOS**

CORN **DAILY FRUIT & VEGGIE BAR**

MAC & CHEESE **DINNER ROLL DAILY FRUIT & VEGGIE BAR**

31 BAGEL W/CREAM FLORENTINE SOUP **GRILLED CHEESE** SANDWICH DAILY FRUIT & VEGGIE BAR

Did you know?

August is popularly known as Harvest Month.