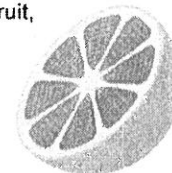


In just 1/2 (100g) of a grapefruit, there's roughly 60% daily value for vitamin C! That's more than half of your daily need in less than a cup!



Monday

Tuesday

Wednesday

Thursday

Friday

(Berries Twin)
Mac & Cheese
Dinner Roll
Broccoli
Cauliflower
Mash potatoes
Fruit

6

(Bagel w cream)
Fish sticks
Piccadilly fries
Vegetable medley
Fruit

7

(Pop-Tart)
Cheeseburger
Baked beans
Crinkle fries
Tomato slice
Leaf lettuce
Fruit

1

(ubr cookie)
Pepperoni Ripper
Marinara Sauce
Tossed Salad
Cherry Tomatoes
Fruit

2

(Yogurt Parfait)
P.b Jelly sandwich
Baby Carrots
Granola Bar
Go-Gurt
Fruit

3

(Cereal Bowl)
Drumstick
Dinner roll
Corn
Coleslaw
Fruit

13

(Cinnamon Roll)
Chili w/meat and
Cheese
Chips
Celery Sticks
Broccoli
Fruit

14

(Mini Pancakes)
Mini corn dogs
Tator tots
Baked beans
Fruit

15

(Choc. muffin)
Orange chicken
Brown rice
Fortune cookie
Veg. medley
Broccoli
Fruit

16

(Banana bread)
Chicken Strips
Dinner Roll
Baby carrots
Tossed Salad
Fruit

17

NO SCHOOL

20

NO SCHOOL

21

NO SCHOOL

22

NO SCHOOL

23

NO SCHOOL

24

NO SCHOOL

27

NO SCHOOL

28

NO SCHOOL

29

NO SCHOOL

30

NO SCHOOL

31

Announcements

Food Shortages are nationwide, and our school is also experiencing unavailable items or last minute replacements. Menus are subject to change, but we will do our best to notify you if there are any major changes.

Meal Prices

meals will be charged the adult meal price. Only complete meals will be FREE for students. Any single or extra items will be charged. Food preferences such as vegan/vegetarian that are not MEDICALLY necessary will not be accommodated. Meals for children with special dietary needs will be provided upon request.