

DECEMBER 2024

LUNCH



ALL 1st MEALS ARE FREE FOR STUDENTS
 White and Chocolate Milk offered at every meal
 Salad Bar offered at every lunch
 Alternate items are available for some meals



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains. Reference: USDA MyPlate



MONDAY

Cinnamon Roll
 Chicken Sandwich
 Fries
 Salad Bar
 Milk

2

TUESDAY

Waffles
 Bean & Cheese Burrito
 Rice Krispie Treat
 Salad Bar
 Milk

3

WEDNESDAY

Mini Donuts
 Orange Chicken
 Rice
 Salad Bar
 Milk

4

THURSDAY

Cereal Bar
 Pepperoni Pizza
 Salad Bar
 Milk

5

FRIDAY

Muffin
 Ham & Cheese
 Sandwich or PBJ
 Salad Bar
 Milk

6

Pop Tart
 Corn Dog
 Granola bar
 Salad Bar
 Milk

9

Breakfast Burrito
 Nachos & Cheese
 Salad Bar
 Milk

10

Breakfast Pizza
 Florentine Soup
 Breadstick
 Salad Bar
 Milk

11

Cereal Bowl
 Fish Nuggets
 Dinner Roll
 Salad Bar
 Milk

12

National Cocoa Day
 Breakfast Cookie
 PBJ or Ham & Cheese
 Fruit
 Milk

13

Mini Pancakes
 Hamburger
 Chips
 Salad Bar
 Milk

16

Mini Muffin
 Chili & Cheese
 Fries
 Salad Bar
 Milk

17

French Toast Sticks
 Spaghetti
 Dinner Roll
 Salad Bar
 Milk

18

Bagels with Cream
 Cheese
 Crisпитos
 Salad Bar
 Milk

19

Cereal Bar

20

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CHRISTMAS BREAK
 DECEMBER 23-
 JANUARY 6th

23

NO SCHOOL
 STUDENTS RETURN
 JANUARY 7th

24

CHRISTMAS BREAK
 DECEMBER 23-
 JANUARY 6th

25

NO SCHOOL
 STUDENTS RETURN
 JANUARY 7th

26

CHRISTMAS BREAK
 DECEMBER 23-
 JANUARY 6th

27

NO SCHOOL
 STUDENTS RETURN
 JANUARY 7th

30

CHRISTMAS BREAK
 DECEMBER 23-
 JANUARY 6th

31

