

# NOVEMBER 2023

# Thanksgiving

**MON**

**TUE**

**WED**

**THU**

**FRI**

\*\*\*\*\*REMEMBER\*\*\*\*\*

SEVERAL ITEMS CAN CHANGE  
DUE TO ABILITY

- FRESH FRUITS OFFERED:  
APPLES, BANANAS, ORANGES,  
PEARS, GRAPES, WATERMELON,  
AND MORE
- THIS INSTITUTION IS AN EQUAL  
OPORTUNITY PROVIDER
- ALL MEALS INCLUDE MILK  
(WHITE OR CHOCOLATE)
- EXTRA MILK: \$.25
- ALL MEALS INCLUDE MILK  
(WHITE OR CHOCOLATE)
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- DURING BREAKFAST.  
CEREAL AND MUFFINS ARE  
OFFERED AS DAILY  
ALTERNATIVES TO THE  
BREAKFAST ENTREE. MILK  
AND FRUIT ARE OFFERED  
DAILY AT BREAKFAST TIME.  
A CHOICE OF STRING  
CHEESE OR YOGURT IS  
ALSO OFFERED DAILY

MINI CINNAMON ROLLS <sup>1</sup>  
PULLED BBQ PORK  
DAILY FRUIT & VEGGIE  
BAR

BREAKFAST SMOOTHIE <sup>2</sup>  
BEAN & CHEESE BURRITO  
DAILY FRUIT & VEGGIE  
BAR

YOGURT PARFAIT <sup>6</sup>  
POPCORN CHICKEN BOWL  
MASHED POTATO  
DAILY FRUIT & VEGGIE  
BAR

POP TART <sup>7</sup>  
CRUNCHY TACOS  
DAILY FRUIT & VEGGIE  
BAR

PANCAKE ON A STICK <sup>8</sup>  
CHICKEN SANDWICH  
FRIES  
DAILY FRUIT & VEGGIE  
BAR

CEREAL BAR <sup>9</sup>  
FISH NUGGETS  
PICCADILLY FRIES  
DAILY FRUIT & VEGGIE  
BAR

FRENCH TOAST <sup>10</sup>  
STICKS  
TOSTITOS W/BEANS DIP  
DAILY FRUIT & VEGGIE  
BAR

BREAKFAST BURRITO <sup>13</sup>  
MEATBALL SUB  
MOZARELLA  
DAILY FRUIT & VEGGIE  
BAR

PANCAKE SAUSAGE <sup>14</sup>  
SANDWICH  
MAC & CHEESE  
BREADSTICK  
DAILY FRUIT & VEGGIE BAR

WAFFLES <sup>15</sup>  
BBQ PORK RIBLETS  
CORN IN COB  
DAILY FRUIT & VEGGIE  
BAR

PUMPKIN BREAD <sup>16</sup>  
NACHOS W/MEAT  
DAILY FRUIT & VEGGIE  
BAR

BERRIES & CREAM <sup>17</sup>  
TWIN  
CHEESE QUESADILLA  
DAILY FRUIT & VEGGIE  
BAR

<sup>20</sup>  
MINI BREAKFAST BITES  
SPECIAL TURKEY  
DINNER

<sup>21</sup>  
SAC LUNCH

<sup>22</sup>  
FALL BREAK  
NO SCHOOL

<sup>23</sup>  
FALL BREAK  
NO SCHOOL

<sup>24</sup>  
FALL BREAK  
NO SCHOOL

BREAKFAST BURRITO <sup>27</sup>  
FLORENTINE TOMATO  
SOUP  
SANDWICH  
DAILY FRUIT & VEGGIE  
BAR

BREAKFAST PIZZA <sup>28</sup>  
ORANGE CHICKEN  
EGGROLL  
RICE  
DAILY FRUIT & VEGGIE  
BAR

CINNAMON ROLLS <sup>29</sup>  
FISH NUGGETS  
DINNER ROLLS  
PICCADILLY FRIES  
DAILY FRUIT & VEGGIE  
BAR

MINI PANCAKES <sup>30</sup>  
POPCORN CHICKEN  
BOWL  
MASHED POTATO  
DAILY FRUIT & VEGGIE  
BAR