

AUGUST 2022

Pacific Heritage Academy

Monday

Muffin w/yogurt 1
Cheeseburger
Crinkle Fries
Daily, fruit & Veggie bar.

French Toast Sticks 8
Ham & cheese sandwich
Sunchips
Daily, fruit & Veggie bar.

Mini Donuts 15
Pepperoni Ripper
Marinara Sauce
Daily, fruit & Veggie bar.

Cereal Bar 22
Bbq Pork Riblet sandwich
Daily, fruit & Veggie bar.

Banana Bread 29
Chicken sandwich or spicy
chicken sandwich
Daily, fruit & Veggie bar.

Tuesday

Breakfast Pizza 2
Chicken Nuggets
Dinner roll
Daily, fruit & Veggie bar.

Cinnamon Rolls 9
Popcorn Chicken bowl
Dinner roll
Mash Potatoes
Daily, fruit & Veggie bar.

Berries and cream twin 16
Crunchy Tacos
Shredded Cheese
Daily, fruit & Veggie bar.

Crumb Cake 23
Beefy nachos
Shredded Cheese
Daily, fruit & Veggie bar.

Yogurt Parfait 30
Tostitos w/ bean dip
Shredded cheese
Daily, fruit & Veggie bar.

Wednesday

Yogurt Parfait 3
Orange Chicken
Rice
Fortune cookie
Daily, fruit & Veggie bar.

Breakfast Pizza 10
Hot dog
Tator tots
Daily, fruit & Veggie bar.

Mini Pancakes 17
Teriyaki Chicken
Rice
Fortune cookie
Daily, fruit & Veggie bar.

Berries and cream twin 24
Chicken nuggets
Dinner roll
Daily, fruit & Veggie bar.

Breakfast Pizza 31
Fish Nuggets
Dinner roll
Piccadilly fries
Daily, fruit & Veggie bar.

Thursday

Waffles Envy 4
Chili w/ meat
Shredded Cheese
Daily, fruit & Veggie bar.
Milk

Pop-Tart 11
STUFFWICH, PEPPERONI
PIZZA
Daily, fruit & Veggie bar.

Bagel/ Cream Cheese 18
Hamburger
Daily, fruit & Veggie bar.

Cinnamon Rolls 25
Pepperoni Rippers
Marinara Sauce
Daily, fruit & Veggie bar.

Friday

Yogurt Parfait 5
Corn dog
Granola bar
Fruit
Daily, fruit & Veggie bar.

Cereal Bowl 12
PB&J SANDWICH
STRING CHEESE
GRANOLA BAR
Daily, fruit & Veggie bar.

Mini Waffles 19
Bean & cheese burrito
Daily, fruit & Veggie bar.

French Toast sticks 26
Drumstick
Dinner roll
Mashed Potatoes
Daily, fruit & Veggie bar.

*Fresh Fruits Offered: Apples, Bananas, Oranges, Pears, Grapes. Extra milk: \$.25

**** REMEMBER**** Several Items can change due to ability

This institution is an equal opportunity provider

All meals include MILK (White or Chocolate)