

September 2022

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

The Romans often associated different months with different gods. September is associated with Vulcan, the Roman god of fire.

5
LABOR DAY
NO SCHOOL

6
BREAKFAST BURRITO
MEATBALL SUB
MOZARELLA
DAILY FRUIT &
VEGGIE BAR

7
UBR COOKIE
FLORENTINE SOUP
BREADSTICK
DAILY FRUIT &
VEGGIE BAR

8
PANCAKE ON STICK
CHICKEN TENDERS
DINNER ROLL
DAILY FRUIT &
VEGGIE BAR

9
BREAKFAST PIZZA
CHEESE
QUESADILLA
DAILY FRUIT &
VEGGIE BAR

12
BANANA BREAD
GRILLED CHEESE
SANDWICH
DAILY FRUIT &
VEGGIE BAR

13
BELGIAN WAFFLE
DRUMSTICK
RICE
DAILY FRUIT &
VEGGIE BAR

14
MINI CINAMON ROLLS
PULLED BBQ
CHICKEN SANDWICH
DAILY FRUIT &
VEGGIE BAR

15
FRENCH TOAST STICKS
TOSTITOS
W/BEAN DIP
DAILY FRUIT &
VEGGIE BAR

16
MUFFIN
MINI CORN DOGS
CRINKLE FRIES
DAILY FRUIT &
VEGGIE BAR

19
MINI BREAKFAST BITES
CHICKEN
SANDWICH
DAILY FRUIT &
VEGGIE BAR

20
POP TART
CRUNCHY TACOS
DAILY FRUIT &
VEGGIE BAR

21
BREAKFAST BURRITO
CHILI DOG
TATOR TOTS
DAILY FRUIT &
VEGGIE BAR

22
PANCAKE SAUSAGE SANDWICH
HAM & CHEESE
SANDICH
DAILY FRUIT &
VEGGIE BAR

23
CEREAL BAR
FISH NUGGETS
PICADILLY FRIES
DAILY FRUIT &
VEGGIE BAR

26
WAFFLES
BBQ PORK RIBLET
CORN IN COB
DAILY FRUIT, &
VEGGIE BAR

27
BREAKFAST SMOOTHIE
BEAN & CHEESE
BURRITO
DAILY FRUIT &
VEGGIE BAR

28
BERRIES & CREAM TWIN
PEPPERONI
RIPPERS
DAILY FRUIT &
VEGGIE BAR

29
DONUT
ORANGE CHICKEN
RICE
FORTUNE COOKIE
DAILY FRUIT &
VEGGIE BAR

30
YOGURT PARFAIT
PB&J SANDWICH
GRANOLA BAR
DAILY FRUIT &
VEGGIE BAR

*FRESH FRUITS
OFFERED: APPLES,
BANANAS, ORANGES,
PEARS, GRAPES,
WATERMELON AND
MORE.

REMEMBER****
SEVERAL ITEMS CAN
CHANGE DUE TO ABILITY

THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER

ALL MEALS INCLUDE
MILK (WHITE OR
CHOCOLATE)
EXTRA MILK: \$.25

*During BREAKFAST,
cereal and muffins
are offered as daily
alternatives to the
breakfast entrée.
Milk and fruit are
offered daily at
breakfast time.*