

APRIL 2025

BREAKFAST & LUNCH

BREAKFAST



PACIFIC HERITAGE ACADEMY



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
SPRING
BREAK
NO SCHOOL

2
SPRING BREAK
NO SCHOOL

3
SPRING BREAK
NO SCHOOL

4
SPRING
BREAK
NO SCHOOL

7
SPRING BREAK
NO SCHOOL

8
cereal bar
bean & cheese
burrito

9
waffle
orange chicken
rice

10
breakfast pizza
corn dog
fries

11
muffin
ham & cheese
sandwich

14
yogurt parfait
chicken tender
mashed
potatoes

15
breakfast
burrito
crisпитos

16
cereal bowl
chili dog
cheese

17
banana bread
chicken
sandwich
fries

18
cinnamon roll
pb&j
sandwich

21
pancakes
pepperoni
ripper

22
pop tart
crunchy taco cheese

23
belgian waffles
grilled cheese
sandwich
tomato sup

24
muffin
popcorn
chicken dinner
roll

25
cereal bar
fish nuggets
dinner roll

28
donut
hamburger
fries

29
ubr cookie
spaghetti
bread

30
mini breakfast
bite
mini corn dog
rice krispie

